## Postcard

## Front

\$250 BILLION in lost revenue, ANNUALLY? Don't let this be YOU.

## Back

\*\*\*A few simple moves could be the difference in being in the red, and being in the black.

## Introducing:

'Preventing Back Injuries through Proper Mechanics'

A course designed to teach proper body mechanics to your workers saving your portion of \$250 billion US business spend on average annually on lower back injuries.

Space is limited so sign up now! Send your rep for \$269 and train the rest for FREE!

\*\*\*Three convenient dates and times to choose from:

Thursday, October,  $10^{\rm th}$  at 7 PM - at Fitness Evolution, Everett Saturday, October,  $12^{\rm th}$  at 1 PM - at Fitness Evolution, Everett Saturday, October  $19^{\rm th}$  at 1 PM - at Fitness Evolution, Everett

For more info: <a href="http://www.doctordilday.com/events">http://www.doctordilday.com/events</a>, (Removed for privacy) 425.348.5207, 8625 Evergreen Way #210, Everett, WA 98208.

\*\*\*Italicized = removable. If not enough room on the card, remove this. They can find out more by checking out info online or contacting you.